

Wasatch County Seniors Newsletter

Open M-F 8:30 am—4:00 pm • 465 E 1200 S Heber City, Utah • Phone: 435-654-4920

2021 February XOXO

SPOTLIGHT

Thomas (Tom) Melville

I was born August 5, 1946 in Fillmore, Utah. My great grandfather was one of the early settlers in Fillmore. I graduated from Millard High School in 1964. I attended the University of Utah for one year then served an LDS mission in what was then West Germany. My father died while I was serving my mission and his wish was that I not return home for the funeral. At his request I completed my mission.

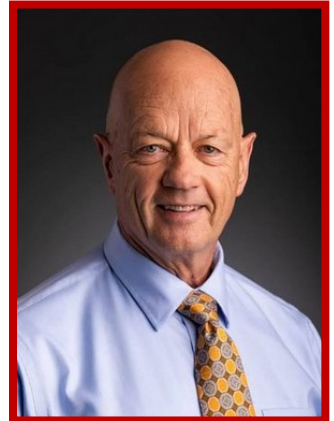
Returning to the University of Utah, my plan was to attend Law School, following in my father's footsteps. My father was the Millard County Attorney for 30 years. I was a member of Army R.O.T.C. so upon graduation I was commissioned a 2nd Lieutenant. The Vietnam War was raging so the Army said no student deferment for Law School. I received orders for Rotary Wing Flight School in Texas and Alabama. I served one tour in Vietnam flying combat assault helicopters in the Mekong Delta. The war was a life changing, life altering event for me. I retired from the Army as a Lieutenant Colonel with 26 years of service.

I married Janet (Jan) Fishler June 15, 1973. She lived in Salt Lake City. We've been married for 47 years and have two children, Andrew and Sarah. Jan graduated from the University of Texas at Austin (UT Austin) in Elementary Education. She taught school in the Round Rock School District. Both of my children graduated from UT Austin, Sarah with a BSN and Andrew went on to Law School at Baylor University. We have four grandchildren.

Living in Austin, I was the Human Resources Manager at the Department of Veterans Affairs (VA), National Finance and Data Center.

Jan's Father passed away in 2005. We moved back to Utah in 2007 to care for Jan's mother. We live in Heber City.

In 2009 Utah Valley University (UVU) hired me as the Campus Administrator for the Wasatch Campus. I got to know many students, parents, and faculty by being in this position. I retired from that job in 2019 at age 73.



SENIOR CENTER CORPORATE BOARD 2021

- President: Sandy Hansen
- Vice-President: Cheryl Jones
- Past President: Dennis Allen
- Secretary/Treasurer: Marvin Rust
- Historian: Dan Rider

Directors:

Dee Akerley, Kaye Bonner, Roy Daniels, Laurel Rail, Wayne White

SENIOR CENTER STAFF

- Center Director:
Ashley Fish
- Food Services Manager:
Cora Briggs
- Administrative Secretary:
Tiffany Horrocks
- Activities Coordinator:
Candie Bonner

COUNTY ADVISORY BOARD 2021

- Chair: Kendall Crittenden
- Vice-Chair: Linda Middleton
- Secretary: Marcia Young

Regular Members:

Betty Brandner, Kendall Crittenden (County Council Rep.), Mary Johnson, Jim Kohler, Raneva Lemon, Linda Middleton, Rick Tatton, Marcia Young

1st Alternate: Tom Melville
2nd Alternate: David Davies

From the Director's Desk



Dear Friends,

As senior Americans we are saddened, and even embarrassed, by the recent violent and destructive demonstrations/riots at, and on the premises of, our Nation's Capitol, in Washington D.C.. I am grateful that as citizens of this great country (of which we are a part) and with the freedom and under the rights allowed us, we can "assemble" (peaceably) - to share our grievances and hopes. But to do so with actions and behaviors of violence and assault is not the way to do it.

It is clear that as a nation we are, once again, at a "crossroads" where there is a need for each of us to be responsible and accountable for our personal actions and behavior. Positively so. It is my belief that allowing seeds of discord and animosity fester our souls is not what our founding fathers wanted for our nation to truly endure the test of time. The legacy that many of our parents, grandparents, and great-grandparents left us is precious; to be *united* in our efforts and in all that we do and say.

Once again, I am reminded of that remarkable "Golden Rule" we were taught from our childhood and youth; "Do unto others as you would have done unto you".

As Americans and citizens of the world, may we be kind to one another. May we be willing to listen to and work together for the *common cause* of decency and love for each other. May we re-pledge ourselves in allegiance to our great country, the *United States of America*. May we remain, "one nation, under God, *indivisible*, with liberty and justice for all".

Ashley Fish, Director

The Wasatch County **Covid-19** **Vaccine** Drive-thru Clinic

Is at the Wasatch County Events
Center Parking Lot located at
415 S Southfield Road

Call the COVID-19 Call Center to
to make an appointment
435-657-3276

Vaccinations will begin for Wasatch County residents 70 and older this week. They have been added to non-hospital health care workers, emergency responders, and K-12 school staff receiving COVID19 vaccine at the drive thru clinic set up at the Wasatch County Events Center parking lot located at 415 S Southfield Rd in Heber.

Wasatch County residents who qualify for vaccine at this time can call the COVID19 call center at 435-657-3276 to get an appointment.

Please do not go to the drive thru clinic if you do not have an appointment as vaccine can only be given to those with an appointment and additional cars at the site will delay the process.

Information about vaccine distribution in Wasatch County can be found here: <http://coronavirus.wasatch.utah.gov/Vaccine>

Happy Birthday

Obituaries

Lois	Musick	1
Ken	LeBlanc	1
Janet	Sweat	2
Kim	Loertscher	3
Diana	Bahde	6
Joan	Kohler	7
Diana	Witt	7
Barbara	Murdock	7
Ronald	Meik	8
Darryl	Peterson	8
Shirley	Hendricks	8
DiAnn	Turner	9
Carolyn	Rose	10
Glenn	Singley	11
Steve	Santoro	11
Betty	Jones	11
Joann	Burnson	11
Jim	Letsinger	12
Alice	Hicken	15
Betty	Smedley	16
Phyllis	Harris	16
Gerald	Sharkey	17
Bonnie	Mathews	19
Lorene	Kincaid	20
Rolf	Sandberg	20
Maurine	Veater	21
Nancy	Davis	21
Lynette	Giles	21
Wilma	Chavez	23
Cal	Wood	23
Mary	Parcell	23
Inez	Wilde	24
Dennis	May	24
Linda	Cochran	25
Harry	Pedro	26
Steven	Anderson	26
Dennis	Clegg	27
Jim	Fischer	27
RosaLee	Ivers	29

Hazel Bonander Hoffman
Born: February 25, 1935
Died: December 18, 2020
Married: Arthur Hoffman

Lynn Lance
Born: April 23, 1932
Died: December 28, 2020
Married: Amelia Crook Lance

Richard Montgomery
Born: October 5, 1931
Died: December 29, 2020
Married: Joan Crandall Montgomery

Richard Watson
Born: February 5, 1945
Died: December 29, 2020
Married: Mary Kriegel Watson

William "Al" Yarbrough
Born: September 23, 1946
Died: December 30, 2020

LaRae Walch Bonner
Born: May 2, 1932
Died: January 3, 2021
Married: Tom Bonner

Rulon Sanders
Born: January 22, 1942
Died: January 5, 2021
Married: Sharon Teerlink Sanders

Gretchen Remund
Born: November 17, 1931
Died: January 7, 2021
Married: Johnny Remund

Brent Van Wagenen
Born: February 8, 1963
Died: January 14, 2021
Married: Anita Bell Van Wagenen

Robert O'Connor
Born: October 4, 1961
Died: January 14, 2021
Married: Elizabeth O'Connor



Senior Book Club

We are currently reading:

Snow Falling on Cedars by David Guterson

Next meeting:

Thursday, February 18th

**** Don't forget your Mask & Book****



Cora's Kitchen

To all our Seniors...just a little info from the kitchen. Here it is February. Almost a year has gone by with our Center being closed. I hope you all are doing okay. It's been a pretty scary situation with this COVID-19 breakout. Stay safe out there.

February 2nd brings us Ground Hog Day. Let's hope we get lots of snow in the mountains and rain in the valleys. And summer comes fast.

Happy Valentine's Day! Sending love your way.     

Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.

Please continue to drink your water. Until next time, take care...Cora Briggs

MEDICARE

Another reminder that right now until March 31st is Medicare Advantage Open Enrollment. If you are enrolled in a Medicare Advantage Plan, you can switch to a different Medicare Advantage Plan or switch to Original Medicare (and join a separate Medicare drug plan) once during this time and it will be effective on the first day of the following month.

We are hearing a lot from individuals that are being bombarded with scam and sales calls. These can be about car warranties, covid vaccinations, selling Medicare plans, supplements or additional benefits, and many more. If you are receiving calls similar to these please remember to never give any of your personal or medical information to anyone and it's best to just hang up instead of continuing on with the conversation. I recently helped a client who had unknowingly signed up for additional medical coverage without knowing they had even given consent. Then they received documents in the mail with policy numbers and premiums that were going to be taken from their Social Security. We thankfully were able to call and cancel everything but it was very frightening to this individual to realize how easy it was to find yourself involved in it all and be confused with the questions and things they are asking for.

Please don't hesitate to reach out by phone or email if I can be of any help.



Michelle Jensen

SHIP Medicare Counselor

801-229-3819

mjensen@mountainland.org



Activities



Every Monday- Books On Buses: Need something from the library? We can delivery it to you. Call the Senior Center to get on the delivery list. 435-654-4920

Feb. 10th & 24th – Bingo: We will play Bingo via Facebook at 1:00PM
Bingo cards are available by curbside pick up M-F from 11:30AM-12:00PM.

Find Us On Facebook

facebook 



Senior Giggles



Fast Facts About a Durable Power of Attorney

What: A durable power of attorney is a legal document that allows you to name someone (referred to as your “agent”) to manage your property and finances in the event you become unable to. You can specify what authority your agent has, such as paying bills and filing taxes. You can also limit their authority as you see fit. A durable power of attorney is revocable, and you can make changes to it if needed.

Why: Illness, injury, or cognitive decline can happen to anyone, leaving them unable to manage finances. Without a durable power of attorney, your loved ones may need to petition a court to be appointed as conservator to manage your finances. A conservatorship can be a costly and lengthy process, involving doctors, attorneys, and a court declaration of incapacity. A durable power of attorney, on the other hand, is simple and relatively inexpensive to create. It does not require ongoing court supervision like a conservatorship. A durable power of attorney can also give you peace of mind in choosing your own decision maker, rather than having a judge appoint one for you.

Who: It is important to name an agent (or co-agents) that you trust. Your agent has a fiduciary duty to you, meaning they are required to act in your best interests, keep records of transactions, and comply with the terms of the power of attorney.

How: An attorney is the best person to help you create a durable power of attorney that meets your needs. You can visit LicensedLawyer.org to find attorneys in good standing with the Utah State Bar. Utah Legal Services also provides free limited advance planning services for Utahns over age 60, and can be reached at (801) 328-8891.

Wasatch County Seniors Advisory Board
2021 Tentatively-Planned Schedule of Meetings

(Adjusted because of COVID)

<u>Date</u>	<u>Time</u>	<u>Location</u>
January 21, 2021	1:30 p.m.	Room 159
February 18	No meeting	
March 18	No meeting	
April 15	1:30 p.m.	Room 159
May 21	??	
June 18	??	
July 15	??	
August 19	1:30 p.m.	Room 159
September 16	1:30 p.m.	Room 159
October 21	1:30 p.m.	Room 159
November 18	1:30 p.m.	Room 159
December	No meeting	

Wasatch County Senior Citizens, Inc. Corporate Board
2021 Tentatively-Planned Meeting Schedule
 (Adjusted because of COVID)

<u>Date</u>	<u>Time</u>	<u>Location</u>
January 12, 2019	1 p.m.	Room 159
February	No meeting	
March	No meeting	
April 13	1 p.m.	Room 159
May	???	
June	???	
July	???	
August 10	1 p.m.	Room 159
September 14	1 p.m.	Room 159
October 12	1 p.m.	Room 159
November 9	1 p.m.	Room 159
December	No Meeting	



The process this year has been designed to be COVID friendly and will be completely contactless. For more information or to schedule your appointments call the Senior Center at 435-654-4920.